

**Foods in which sugars are replaced with polyols are eligible to the nutrition claim  
“with no added sugars”**

The nutrition claim “with no added sugars” in [Regulation \(EC\) 1924/2006](#) reads:

*“A claim stating that sugars have not been added to a food, and any claim likely to have the same meaning for the consumer, may only be made where the product does not contain any added mono- or disaccharides or any other food used for its sweetening properties. If sugars are naturally present in the food, the following indication should also appear on the label: “contains naturally occurring sugars”.*

The EPA commissioned a legal opinion from a specialist Food Law Firm in Brussels which concludes that there are strong legal grounds to back up the continued lawful use of the nutrition claim “with no added sugars” in foods in which sugars have been replaced with polyols.

The legal reasoning underpinning this opinion is summarised in the [attachment](#).

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